

1 Research Fellowship

Applications are invited for 1 research fellowship at Portucalense Infante D. Henrique University (UPT), within the framework of the Care4mommies – The longitudinal impact of psychological flexibility and compassion on mother-baby bonding project, ref (EXPL/PSI-GER/0259/2021, funded by funded by national funds through the Portuguese Foundation for Science and Technology, I.P. (FCT), according to the following terms:

Scientific area: Clinical and Health Psychology

Admission requirements

The applicants must meet one of the following admission requirements:

- a) Enrollment in a PhD programme within the scientific area mentioned above or related area (to be proven at the contract stage).
- b) MSc degree in the scientific area mentioned above or related area and enrollment in a non-academic degree course offered within the educational project of a higher education institution and developed in association or cooperation with one or more R&D units (to be proven at the contract stage). In such cases, applicants cannot exceed during the fellowship contract, including possible renewals, an accumulated period of two consecutive or interpolated years in that same contract typology. Applicants holding an academic degree awarded by a foreign higher education institution must abide by the provisions of the Decree-Law No 66/2018 of 16 August, and ensure full compliance before signing the contract. For more on this specific topic, please check the DGES webpage at: <https://www.dges.gov.pt/en>.

Applicant eligibility

The applicants must comply with the eligibility criteria set out in article 9 of the Regulation for Research Grants of the Portuguese Foundation for Science and Technology.

Work plan

The Care4mommies project is carried out by the Portucalense Institute for Human Development (INPP) team and aims at understanding whether compassion skills (in relation to the self and others) and the psychological flexibility of mothers during pregnancy work as protective factors for the development of a positive relationship between mother and baby in the postpartum period. The goal is also to find out if this effect is maintained over time, regardless of difficulties in the mother's attachment and the baby's temperament. Thus, the research fellow will be assigned to the following project tasks:

- Literature review and update.
- Carrying out activities within management of sample collection procedures.
- Database creation and management.
- Supporting the preparation of project reports, as well as scientific papers and communications.

Applicable legislation and regulation

Law No 40/2004 of 18 August, in its current wording - Research Fellow Statute (EBI) and the Regulation in force for Research Studentships and Fellowships (RBI) of the Portuguese Foundation for Science and Technology (FCT): <https://www.fct.pt/en/financiamento/programas-de-financiamento/bolsas>.

Workplace

The research fellow will be working at the premises of UPT, under the scientific supervision of Prof. Lara Sofia Nascimento Palmeira.

Fellowship duration

This fellowship post will be offered on a 3-month contract, possibly renewed but not exceeding the project completion date, predictably starting in March 2023, and carried out on an exclusive basis. The fellowship cannot be granted, according to article 6, paragraph 3, of the FCT RBI, if the timescale required for the contract procedure does not allow a minimum 3-consecutive month contract. Contract renewal, if any, will comply with article 6 of the FCT RBI.

Stipend

Monthly stipend amount of €1144,64, in accordance with FCT stipend values for studentships and fellowships carried out in Portugal (<https://www.fct.pt/en/financiamento/programas-de-financiamento/bolsas>). The payments are made by UPT via bank transfer.

The fellowship will also cover the voluntary social insurance payments, corresponding to the class 1 rate (if the fellowship contract duration is equal to or greater than 6 months) provided that the candidate chooses this regime, as well as personal accident insurance.

Selection procedure

The selection methods will consist of a Curricular Assessment (CA) and an interview (I).

The **Curricular Assessment (CA)** compasses the aspects mentioned below, scored on a scale from 0 to 20 points, and is calculated as follows:

$$CA = CA1 * 0,3 + CA2 * 0,3 + AC3 * 0,2 + AC4 * 0,2$$

CA1 – Academic degree in Clinical and Health Psychology (20 points); academic degree in related scientific areas (0 points);

CA2 – Scientific publications related to the project area;

CA3 – Excellent command of Portuguese;

CA4 – Research experience within the project area.

The 3 top-scoring applicants in the curricular assessment will be invited for an **interview (I)**, to take place remotely or in person, provided that the CA scores are higher than 14 points. The interview is aimed at evaluating the applicant according to the criteria below and is calculated as follows:

$$I = I1 * 0,5 + I2 * 0,25 + I3 * 0,25$$

I1 – Knowledge and motivation to pursue the work plan

Excellent level of knowledge and motivation - from 16 to 20 points

Appropriate level of knowledge and motivation - from 10 to 15 points

Absence or insufficient level of knowledge or motivation - from 0 to 9 points

I2 – Soft skills (time management, problem-solving, critical thinking, teamwork, proactivity)

Highly skilled – from 16 to 20 points

Fairly skilled - from 10 to 15 points

Not sufficiently skilled - from 0 to 9 points

I3 – Communication skills and proficiency in English:

Highly skilled – from 16 to 20 points

Fairly skilled - from 10 to 15 points

Not sufficiently skilled - from 0 to 9 points

The **Final Score (FS)** is given by the weighted average of the classification obtained in each of the selection methods, with the Curriculum Assessment (CA) having a weight of 70% and the Interview (I) of 30%. If the minimum score of 14 points is not achieved by any of the applicants, the fellowship will not be awarded.

Selection panel composition

The selection panel is composed of the following Professors at UPT:

Chair of the panel — Professor António Jorge da Costa Leite

Panel member — Professor Lara Sofia Nascimento Palmeira

Panel member — Professor Ana Maria de Jesus Xavier

Deputy member — Professor Joana Maria Ribeiro da Silva

Deputy member – Professor Susana Isabel Fernandes dos Santos

Notification of results

The applicants will receive notification of the evaluation results by email, at the email address provided in the application submission, within a maximum of 90 working days, by article 12 of the FCT RBI. This notification will include, in addition to the applicant ranking list, the minutes of the selection panel meetings. If the selected candidate withdraws, the fellowship will be granted to the next highest scoring applicant on the ranking list, provided that the minimum required score is attained.

Deadlines and procedures for pre-hearing, complaint, and appeal

After notification of the provisional evaluation results, applicants have a 10-working day pre-hearing period to argue against, pursuant to Article 121 et seq. of the Portuguese Code of Administrative Procedure. After the selection panel examines the cases presented in the pre-hearing of interested parties, the applicants will be notified of the final decision. In case of disagreement with the final decision, the applicants may lodge a complaint within 15 working days from the final decision notification or an appeal to the UPT Rectory within 30 working days from said notification.

Deadline and application submission

The call is open from **20/01/2023 to 03/02/2023** (until 11.59 pm, Lisbon time).

The applicant must submit the application by email to gai@upt.pt, adding the call reference **20231.INPP.BI** to the email subject line and attaching the following documents in Portable Document Format (.pdf):

- Motivation letter;
- Academic degree certificate or, alternatively, a declaration of honour by the applicant confirming the completion of the BSc or MSc degree by the end of the application deadline, specifying the final grade and the higher education institution awarding the degree;
- Detailed curriculum vitae;
- Declaration of honour confirming compliance with the terms set out by article 6, paragraph 5, of the RBI (only for candidates referred to in paragraph b) of the admission requirements – see template below);
- Any other documents deemed relevant by the applicant.

Declaration of Honour

The undersigned _____,
with the citizen card/visa/residence permit No _____, valid until __/__/____, declares not to exceed with this fellowship contract, including possible renewals, an accumulated period of two consecutive or interpolated years under that same contract typology, pursuant to article 6, paragraph 5, of the Regulation for Research Studentships and Fellowships (Regulation No 950/2019 of 16 December) of the Portuguese Foundation for Science and Technology.

(Place, date)

(signature)

Privacy Policy

UPT is the data Controller regarding all personal data processing carried out in this selection procedure, under Regulation (EU) 2016/679 (General Regulation on Data Protection).

The personal data processed within the scope of this call is only intended for the aforementioned selection process and will be used by UPT to assess eligibility for the applied role in accordance with the applicable legal requirements and the procedure's selection criteria. The applicant's refusal to

consent to the personal data processing will prevent UPT to verify whether the application meets the minimum requirements and, therefore, will render the application invalid.

The personal data can legitimately be transmitted to third parties whenever necessary to fulfill UPT's legal obligations and comply with the funding scheme requirements regarding this procedure.

The data will be retained for a legally defined period of five years.

The Data Subject has the right to object to the data collection and processing, as well as to verify, update, rectify, erase or limit the use of the collected data. The exercise of these rights is excluded when personal data is used to safeguard the public interest, namely in cases of detection and prevention of criminal offenses, or when subject to professional secrecy.

The Data Subject has also the right to access and data portability.

In order to exercise such rights, the Data Subject shall contact UPT via the e-mail address rgpd@up.pt. In all instances, the Data Subject has the right to contact and lodge a complaint to the National Data Protection Commission.

Non-discrimination and equal access policy

UPT is actively committed to promoting a non-discrimination and equal access policy, wherefore no applicant can be privileged, benefited, impaired, or deprived of any rights whatsoever, or be exempted of any duties based on their ancestry, age, sex, sexual orientation, marital status, family and economic conditions, education, origin or social status, genetic heritage, reduced work capacity, disability, chronicle illness, nationality, ethnic origin or race, national origin, language, religion, political or ideological belief and union affiliation.

Contacts

Any inquiries related to this call can be addressed to gai@upt.pt.

Additional information

The templates of the fellowship contract and fellowship final report, including evaluation criteria, are available on the UPT website.